

12th Annual Women's Classic

Presented by the Ronald McDonald House of Providence Running Club



Arden Engineering 5K Race, Cardi's Furniture 3K Walk, & Performance Physical Therapy Kids' Festival

A celebration of women, our health, and all that we do! Open to women of all ages and abilities, from the slowest walkers to the fastest runners – *all are welcome!*

When: October 13, 2019, 10:00 am

Women Only 5K Race (run or walk) and 3K Walk

One mile races on the Brown track at 8:45 for 9 & Under, then 10-14 (kids should arrive by 8:30) Free Kids' Races: 9:15 (100-800 meter dashes on track, open to boys and girls ages 4-12)

Women's Wellness Fair from 8 am – noon on the grounds of the Brown University Stadium

Where: Certified, *flat and fast* 5K (3.1 miles) and 3K (1.8 miles) courses from the Brown University Stadium, through the scenic and historic East Side of Providence, and finishing in Olympic style on the Brown University Track

Registration opens at 8 am at the Brown Stadium, 400 Elmgrove Ave., Providence, RI 02906
\$25 before Sept. 28, \$27 Sept. 28 - Oct. 10, \$30 after Oct. 10 (in-person only)
\$10 for elementary, high school and college students

Team Competition: Team to consist of 3 or more women. Cash to top 3 teams.
High school teams not eligible for team awards.

Awards: Cash and/or merchandise to **top 5 overall 5K finishers** and to 1st 5 in each age group. See website for more details, <http://rmhprovidenceclassic.org/> *All entrants eligible for raffle prizes.*

Proceeds from this race will go to support the Ronald McDonald House, a home-away-from-home for families of hospitalized children.

Need more info? Visit us @ <http://rmhprovidenceclassic.org>

12th Annual RMHProvidence Arden Engineering 5k Women's Classic

Mail form to: RMHProvidence Women's Classic, 45 Gay St., Providence, RI 02905. Check payable to: RMHP

Name _____ Age _____
Address _____ Phone _____
City _____ State _____ Zip _____
Team Name: (if applicable): _____ Emergency Contact _____
T-shirt size: S M L X

E-mail _____ Please circle one: **5K Race** **3K Walk**

_____ **I would like to make an additional donation to the Ronald McDonald House \$** _____

Waiver: I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Ronald McDonald House of Providence and any member, coordinating group and any individuals associated with the event. I attest that I am physically fit to compete in the event. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, video tapes, motion pictures, recording, or any other record of this event for any legitimate purpose.